






















# LADYBROOK PRIMARY LUNCH MENU

**WEEK 1**

PLEASE NOTE, THAT OUR MENUS COULD BE SUBJECT TO CHANGE DUE TO NATIONWIDE SUPPLY ISSUES.



	OPTION 1	OPTION 2 VEGETARIAN	OPTION 3	DESSERT
<b>MONDAY</b>	 CHEESY PIZZA, SWEETCORN & WEDGES (G, MK, S)	 CHEESY PIZZA, SWEETCORN & WEDGES (G, MK, S)	 JACKET POTATO WITH VARIOUS FILLINGS & CHOPPED SALAD	 VANILLA & OAT MUFFIN (G, E, MK) OR FRUIT
<b>TUESDAY</b>	 COCONUT CHICKEN CURRY, RICE, NAAN BREAD & VEG (C, G)	 MARRAKESH VEG CURRY, RICE, NAAN BREAD & VEG (G)	 JACKET POTATO WITH VARIOUS FILLINGS & CHOPPED SALAD	 CHOCOLATE SHORTBREAD (G)OR FRUIT
<b>WEDNESDAY</b>	 ROAST CHICKEN, POTATOES, VEG, STUFFING & GRAVY (G)	 VEGETARIAN SAUSAGE, POTATOES, VEG, STUFFING & GRAVY (G)	 JACKET POTATO WITH VARIOUS FILLINGS & CHOPPED SALAD	 COCONUT & JAM SPONGE WITH CUSTARD (G, E, MK) OR FRUIT
<b>THURSDAY</b>	 MEATBALL SLIDER (MK,G), PAPRIKA DICED POTATOES & COLESLAW (E, M)	 PASTA ITALIENNE (G, MK)	 JACKET POTATO WITH VARIOUS FILLINGS & CHOPPED SALAD	 STRAWBERRY WHIRL (MK)OR FRUIT
<b>FRIDAY</b>	 FISH STARS, CHIPS & BEANS (F, G)	 VEGETARIAN SAUSAGE ROLL (G, S), CHIPS & BEANS	 GOLDEN TOASTIE & BEANS (G, MK,S)	 CHOCOLATE FLAPJACK (G) OR FRUIT

FRESH SALAD SERVED EVERYDAY

ALLERGENS & INTOLERANCES:  
 S = GLUTEN  
 MK = MILK  
 M = MUSTARD  
 S = SOYA  
 SE = SESAME  
 E = EGG  
 SD = SULPHUR DIOXIDE  
 C = CELERY  
 F = FISH

(STOCK PHOTOS - NOT ACTUAL)

























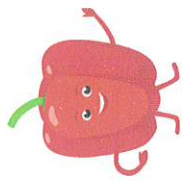
# LADYBROOK PRIMARY LUNCH MENU

WEEK 2

PLEASE NOTE, THAT OUR MENUS COULD BE SUBJECT TO CHANGE DUE TO NATIONWIDE SUPPLY ISSUES.



	OPTION 1	OPTION 2 VEGETARIAN	OPTION 3	DESSERT
<b>MONDAY</b>	 BEEF BURGER IN A BUN (G,S,SD) DICED POTATOES & CORN	 VEGGIE BURGER IN A BUN (G, S) DICED POTATOES & CORN	 JACKET POTATO WITH VARIOUS FILLINGS & CHOPPED SALAD	 DOUGHNUT MUFFIN (G, E,MK) OR FRUIT
<b>TUESDAY</b>	 CHICKEN KORMA, RICE, NAAN BREAD& VEG (C, G)	 LENTIL CURRY, RICE, NAAN BREAD & VEG (G)	 JACKET POTATO WITH VARIOUS FILLINGS & CHOPPED SALAD	 FRUITY OATY BISCUIT (G)OR FRUIT
<b>WEDNESDAY</b>	 CHICKEN & VEG PIE, POTATOES,VEG & GRAVY (G)	 VEGETARIAN SAUSAGE, POTATOES,VEG & GRAVY (G)	 JACKET POTATO WITH VARIOUS FILLINGS & CHOPPED SALAD	 DORSET APPLE CAKE WITH CUSTARD (G, E, MK) OR FRUIT
<b>THURSDAY</b>	 PASTA BOLOGNESE PEAS & CORN & GARLIC BREAD (G, S, MK)	 VEGGIE MEATBALL PASTA, PEAS & CORN & GARLIC BREAD (G, S, MK)	 JACKET POTATO WITH VARIOUS FILLINGS & CHOPPED SALAD	 GINGER BISCUIT (G)OR FRUIT
<b>FRIDAY</b>	 COD FISH FINGER, CHIPS & PEAS (F, G)	 CHEESE & ONION FRITTATA (E, MK), CHIPS & PEAS	 PIZZA BAPS (G, MK), CHIPS & PEAS	 LANCASHIRE COOKIE (G) OR FRUIT



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# LADYBROOK PRIMARY LUNCH MENU

WEEK 3



PLEASE NOTE, THAT OUR MENUS COULD BE SUBJECT TO CHANGE DUE TO NATIONWIDE SUPPLY ISSUES.

	OPTION 1	OPTION 2 VEGETARIAN	OPTION 3	DESSERT
<b>MONDAY</b>	CHEESY PIZZA, SWEETCORN & WEDGES (G, MK, S) 	CHEESY PIZZA, SWEETCORN & WEDGES (G, MK, S) 	TOMATO PASTA & CORN (G) 	GINGER & PEAR MUFFIN (G, E, MK) OR FRUIT 
<b>TUESDAY</b>	MEXICAN STACK, RICE, PEAS & CORN (G, MK) 	SAVOURY CHEESE FLAN, RICE, PEAS & CORN (G, E, MK) 	JACKET POTATO WITH VARIOUS FILLINGS & CHOPPED SALAD 	STRAWBERRY WHIRL (MK) OR FRUIT 
<b>WEDNESDAY</b>	ROAST CHICKEN, POTATOES, VEG, STUFFING & GRAVY (G) 	POTATO & CHEESE BAKE, WITH VEG (E, MK) 	JACKET POTATO WITH VARIOUS FILLINGS & CHOPPED SALAD 	STEAMED SYRUP SPONGE WITH CUSTARD (G, E, MK) OR FRUIT 
<b>THURSDAY</b>	LUNCH BRUNCH (G, E, SD) (PORK SAUSAGE, BACON, EGG, DICED POTATOES & BEANS) 	LUNCH BRUNCH (G, E, S, SD) (VEGGIE SAUSAGE, TOMATO, DICED POTATOES, EGG & BEANS) 	JACKET POTATO WITH VARIOUS FILLINGS & CHOPPED SALAD 	LEMON BITES (G) OR FRUIT 
<b>FRIDAY</b>	FISH FILLET, CHIPS & PEAS (F, M, G) 	CHEESE TOASTIE (G, MK), CHIPS & PEAS 	JACKET POTATO WITH VARIOUS FILLINGS & CHOPPED SALAD 	SULTANA & ORANGE SHORTCAKE (G, E) OR FRUIT 



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