

	RA THEME	RA QUESTION
1	Everyone has their own unique and equally valued perspective	What's happened? What was happening before?
2	Thoughts influence emotions, emotions influence behaviour or actions.	What were you thinking and how were you feeling at the time? And since? What was in your head?
3	Empathy and consideration for any other people involved	Who has been affected and how? Who else has been affected? What was the hardest thing for you?
4	Needs and unmet needs	What do you need now? What do you need so that things can be put right and everyone can move on?
5	Collective responsibility for problem solving and decision making	What will this look like? How does this leave you feeling? If you can't do this, what can you do?

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