

SEX AND RELATIONSHIPS EDUCATION – Spiral Curriculum – KS2 (revised February 2016)

Summary of Learning Outcomes

	Year 6
Feelings	<ul style="list-style-type: none"> • Know that what we do can affect other people’s feelings • Understand that we can experience a wide range of feelings including feelings that we can’t fully explain • Understand the meaning of body language and how this can relay our emotions to others • Understand what it means to be attracted to someone and how this is more than having a friend • Consider the meaning of love
Friends	<ul style="list-style-type: none"> • Recognise the qualities of a good friend • Be aware of responsibilities towards our friends • Recognise the diverse nature of families • Understand similarities and differences of opinion • Understand that different people have different views • Appreciate that the role of being a parent brings responsibilities • Consider why people choose to get married • Begin to value diversity of lifestyles and choices
Growing up	<ul style="list-style-type: none"> • Understand the facts about menstruation * • Know body changes that will occur during puberty as we progress from child to adult in preparation for sexual maturity * • Children understand the range of human variations and know that differences between people can be caused by their genes • Understand that puberty brings about changes that increase the need for good personal hygiene • Begin to accept responsibilities for their personal cleanliness • Recognise and respond to a variety of emotions, fears and worries • Recognise the need to ask for help and support • Understand the process of making love, conception and birth • Increase understanding about sexual intercourse • Understand some of the responsibilities of having a baby • Become familiar with the definition of key words • Appreciate that similarities and differences between people are the result of many different factors • Consider the choices that people make about their lifestyles • Respect other people’s feelings, decisions and rights • Recognise and challenge stereotypes • Know that human sexuality is expressed in many different ways
Safety	<ul style="list-style-type: none"> • Understand that there are laws to protect children any why they are necessary • Learn to recognise risk in different situations • Practise basic techniques for resisting pressure

* Single sex and mixed sessions

